



NEWS OF THE PHOENIX

Swansea Area Seniors Association

95 Lavinia Avenue, Toronto, Ont. M6S 3H9

Telephone: 416 392-1953

November 2011

Dear SASA members,

Please mark these dates in your calendar

December 15, 2011 Xmas dinner at new time -1:30 p.m. in Rousseau Room of Town Hall

January 9, 2012 Winter term begins

March 31, 2012 Fundraising sale

April / May, 2012 Luncheon/bingo + Annual General Meeting – date to be announced

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2011 has been a very good year for S.A.S.A. We are at capacity in many of our classes, and our membership of 236 is the highest it has been in many years. In addition to our regular programs two successful eight-week courses were offered, with 8 participants in the Conversation Course and 16 in the Memory Course.

Our fundraising sale was very successful and we hope to repeat that success in March. Combining our spring lunch with our Annual General Meeting worked well and we will keep that format for 2012. We surveyed our members to determine when to hold our Xmas dinner and accordingly have changed to the afternoon. Please see page 3 for details.

You have all no doubt heard that the city is planning to discontinue some of the grants which have helped to sustain community programs like ours over many years. We believe the final decision will be made in December, and if we lose our grant we will certainly need a hugely successful fundraising drive to continue our current programs. We are keeping our fingers crossed that there will be a change of heart at City Hall.

We hope many of you will be able to celebrate with us on December 15th at our Christmas dinner and we wish you all a very happy and healthy New Year.

Sincerely,

Merle Hudson, President, on behalf of our Board: Vice President: Barbara Hopkins; Co-Secretaries: Diana Hirschmann and Joan Sutcliffe; Treasurer: Mai-Liis Toome; Directors: Patti Bragg, Sue Ferguson, Taimi Holmberg-Smith, Patricia Mckee, Muriel Sides, Eugene Sziraky, Annis Thompson and Lois Weir

In Memoriam

Sadly we lost two of our life members this fall - Catherine Armstrong and Louise Toman who both died in the last month. They were dedicated Board members who worked hard to establish a successful seniors' association in Swansea.

Catherine fought to save the Swansea Town Hall from the planned demolition after the building was deemed surplus to the area's needs when the Swansea Community Recreation Centre was built. She was a founding member of S.A.S.A. who edited the then monthly newsletter from 1987 until 1996, and served as the President from 1990 until 1996. A veritable dynamo it would seem.

Louise Toman was also a founding member of S.A.S.A. who served on the board from its beginnings in 1987 through its incorporation in 1995 until November 2007 when she moved from Swansea. Lou filled many roles in 20 years of service but was especially noted for her many years of diligence as the trip co-ordinator.

We, who have inherited the fruits of their labour, recognize their outstanding service and send condolences to their families.

<<< WANTED >>>

By Police Liaison Committee, 11th Division

New or lightly used and clean socks, gloves, mittens, scarves, and hoodies

Please bring to Swansea Town Hall main foyer

Last day 10th December at noon.

STAYING IN TOUCH

Please help us to stay in touch with our members who are ill, in hospital or who have suffered a fall. Often we hear about an illness only after the person has recovered.

If you know someone who would appreciate a call or a card leave a message at 416-392-1953

IDEAS If you have an idea for a course or a class please let us know.

OR

If you have a complaint please let us know. We appreciate feedback from members.

Use your local library.

You can order items from the central library catalogue and they will be delivered to the Swansea Memorial Library. Use it or lose it applies to more than muscle

THANKS

Thank you to Joan Sutcliffe for her cheerful assistance in the production of this newsletter.

TRIP NEWS from your trip co-ordinator, Barbara Hopkins

In November we had our first local play/dinner trip, the Bloor West Village Players' production of "Lord Arthur Savile's Crime."

A small group from S.A.S.A. enjoyed the performance last Sunday.

We felt that it was a tremendous success - funny with excellent acting and presentation.

We are planning another outing in February. Watch the trip section of the ravine bulletin board for dates.

Day trips will be offered again in the New Year but we would like your input.

Would you like trips to:

Casinos

Markets

Plays

Museums

Historical Sights.....

Country Venues

OR Local Venues

Please fill out the above and return to S.A.S.A.

For more information call Barbara Hopkins @ 416-392-1953

IT'S IN THE CARDS

Euchre will start again on January 19. Alf Savage our long-time volunteer co-ordinator has been out of commission and we would appreciate help in getting the games going again. If you would be interested in co-ordinating or playing euchre please call S.A.S.A @. 416-392-1953. And a big thank you to Alf for all the volunteer hours over many years.

Card / board games are starting again on Tuesday January 10 at 1:30. Come alone or with a partner. Lots of games to choose from.

Adele Pick's ever popular **Bridge Lessons** are to be offered again in March. Advanced and beginners' classes. Please see next page for details.

Schedule for *S.A.S.A. Weekly Activities-Winter/Spring 2012

@ Swansea Town Hall, 95 Lavinia Avenue, Toronto *Swansea Area Seniors Association

Phone: 416-392-1953

Winter/ Spring Classes will run from - January 9 to June 22, 2012



Mondays

Yoga - for seniors (mat or chair): 9:00 a.m. -10:00 a.m. Jan 9 - Jun 18 - 5 wk sessions @ \$50.

Taoist Tai-Chi -Beginners: 10:15 - 11:15am Jan 9-Mar 19 @ \$30. Mar 26-Jun 19 @ \$33.

Taoist Tai-Chi -Intermediate: 11:15am-12:15pm Jan 9-Mar 19 @ \$30. Mar 26-Jun 19 @ \$33.

Tuesdays

Art Class -Multi-media: Oils, water colours, acrylics-choose your medium, discover your talent.
9:30 - noon January 10 - June 20 \$25:00 per month.

Board / card games: 1:30 - 3:30 p.m. 50 / 50 draw refreshments \$1.00

Wednesdays

Osteofit: fun exercise to maintain and build bone strength. 9:45 - 10.45 a.m.
Jan 11-Feb 29 Mar 7-Apr 25 May 2-Jun 20 @ \$40:00 per session (\$5.00 get-acquainted class.)

Line Dancing: Beginners welcome. No partner needed. Good exercise and fun.
11: 00 a.m. - noon Jan 11 - March 28 (12 weeks) \$36:00 April 4- June 20 (12 weeks) \$36:00

Bridge: New members welcome. Drop in for a friendly game. 1:00 - 4.00 p.m. \$1.00



Thursdays

Chinese Brush Painting - Discover your artistic talent working in this delicate art form.
9:00 a.m. - noon Next session will be April 5 - June 7. 10 classes @ \$100.00.

Euchre: 1st & 3rd Thursday each month. 1:30 - 3:30pm. Refreshments & prizes. \$2.00.

Fridays

Adare Art Atelier: noon -3:00 pm. Hone your artistic skills in a small group setting. \$1.00.

Anytime

Pool/Billiards: Try our pool room. For information call Michael. 416-762-6942 \$1.00.

Note: You may join in at any time. Fees are prorated, and all activities include a "get acquainted class" for a single fee. Please join S.A.S.A. to participate - \$12:00 per year (\$20:00 double).

BRIDGE LESSONS

WOULD YOU LIKE TO LEARN TO PLAY THE BEST CARD GAME ?

BEGINNER BRIDGE LESSONS

DATES : EVERY FRIDAY IN MARCH 2012
 TIME : 8:45 AM to 9:55 A.M.
 COST : FIVE LESSONS @ \$5 for \$25 TOTAL

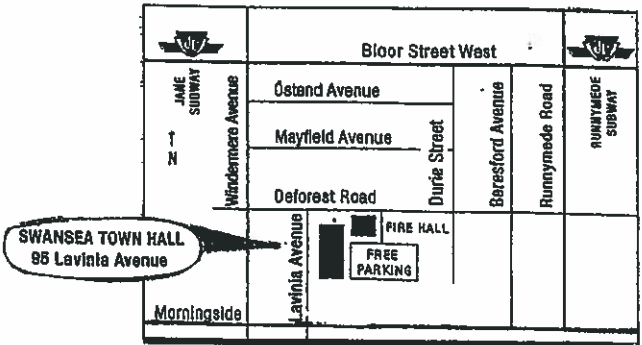
ADVANCED BRIDGE LESSONS TO LEARN THE FINER POINTS

DATES: EVERY FRIDAY IN MARCH 2012
 TIME : 10:00 A.M. to 11:30 A.M.
 COST: FIVE LESSONS @ \$5 for \$25 TOTAL

MUST BE A MEMBER OF S.A.S.A TO PARTICIPATE

INSTRUCTOR: ADELE PICK 416-622-7361
 Or CONTACT S.A.S.A @ 416-392-1953

Where is SASA? For those who are reading about us for the first time we have included a map to the Swansea Town Hall where we are located. We have also included a membership form for your use.



<p>→-----→-----→-----→</p> <p><i>For Office Use:</i> Data Base <input type="checkbox"/> Card <input type="checkbox"/> Pd. M'ship #</p> <hr/> <p>SWANSEA AREA SENIORS' ASSOCIATION (S.A.S.A.) Membership Application and Renewal form. <i>Please print.</i></p> <p>Date: .../.../..... Name:</p> <p>Address:</p> <p>Postal code: Tel:</p> <p>Email:</p> <p>Emergency Tel: D.O.B. day month year</p> <p>Classes/Activities:..... Could you volunteer? Yes <input type="checkbox"/></p> <p>→-----→-----→-----→</p>	<p align="right">→-----→</p> <p align="right"><i>Please complete this side</i> M'ship #.....</p> <hr/> <p align="center">S.A.S.A. ANNUAL FEE</p> <p align="center">SINGLE \$12.00 DOUBLE \$20.00</p> <p align="center">Amount paid: \$.....</p> <p align="center"><i>Please check one box</i></p> <p align="center">RENEWAL <input type="checkbox"/></p> <p align="center">NEW MEMBER <input type="checkbox"/></p> <hr/> <p><i>For Office Use</i></p> <p>Name:</p> <p>Class/Activity:.....</p>
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