

# **SWANSEA CHAMPIONS**

## **SCOTIABANK TORONTO WATERFRONT MARATHON**

### **SUNDAY SEPTEMBER 26<sup>th</sup> 2010**



#### **GREG BOHUSLAWSKY**

I have lived in Swansea for 15 years and thoroughly enjoy its unique combination of small community atmosphere and big city amenities. The waterfront and the area's many parks provide me with unparalleled opportunities for miles of traffic-free running. On September 27, 2009, I will take part in my 6th Scotiabank Waterfront Marathon and, as a "local champion", hope to do the neighbourhood proud. I hope the folks at the Swansea Legion Branch 46 save me a "cold one" after I finish the marathon.



#### **JOHN MEIJER**

I am a happy resident of Swansea, where my family and I partake of the many amenities of this great community! I am active in the Swansea Area Ratepayers Association, and also an avid Masters runner. I race a lot. This will be my seventh Scotiabank Toronto Waterfront Half Marathon. Much of my training is also along the Lakeshore, with my friends on the Lakeshore Masters team. Toronto's waterfront is a wonderful place to run, and in running this race we will get to enjoy it close up and in good company! And support our communities along the way.



#### **MICHAEL SLAUGHTER**

Michael Slaughter lives in Swansea. He has just moved into the Park Lake Residences at Lakeshore Boulevard and Ellis Avenue. Mike attended Swansea Public School and Humber College. Later he went on to graduate from Humber College. He is a veteran employee of Canada Post and the LCBO. He is the proud father of Patrick, Maggie and Ross, and the brother of Jack Slaughter, Chair of the Swansea Town Hall and Vice-Chair of the Swansea Community Recreation Centre Advisory Council. In prior years, Mike has successfully completed the Toronto Waterfront Marathon, the Toronto Marathon, the Mississauga Marathon, the 30k Around the Bay in Hamilton, and the PEI 10K with daughter Maggie. Later this year he will run in the New York Marathon for the first time.



### **SYBIL WILKINSON**

This year Sybil will be participating in the half-marathon for the community of "Swansea". She has done both the Scotiabank full-marathon and half-marathon several times, as well as other events, such as Niagara, Mississauga, the ultra marathon series and the HBC Canada 10K series. She is currently training to do a 100Km trail walk on July 22-23 as a fundraiser for OXFAM. Sybil has been involved in many community organizations for many years.

This year she is one of 350 volunteers across Canada to have received The June Callwood Circle of Outstanding Hospice Volunteers Award for her work with Hospice Toronto. To do this event on behalf of her community is a big event for her.



### **KAREY HEARD**

Karey Heard is honoured to participate in the Scotiabank Toronto Waterfront Half Marathon for the Swansea Community. She is thrilled to be running with ðTEAM SWANSEAö ó a group of 20+ Swansea residents that includes the Principal, Vice-Principal, staff and parents from Swansea Public School. Karey has completed the Toronto Full Marathon, the Scotiabank Half Marathon, The Burlington Chilly Half Marathon, and many 5-15K runs as well. Karey's children attend Swansea Public School and she is the Co-Chair of the Swansea School Council and is involved in many other community organizations. Karey loves to run in High Park and along the Lakeshore and is a proud resident of Swansea.