

SCHEDULE & FEES - ACTIVITIES SPRING 2024

11 / 13 weeks

Starting **TUESDAY**, April 2nd to Friday, June 28th

	Time	Activity	Instructor		Cost
MONDAYS from April 8th 11 weeks <small>(closed May 20th, Victoria Day)</small>	10:00 - 11:00	Qi Gong	<i>Nataliya Gasenko</i>	Council Chambers	\$90
		CLASS IS FULL - WAITLIST ONLY			
	10:00 - 11:00	Osteofit	<i>Joanne Deane</i>	Rousseau Street level	\$90
	11:30 - 12:30	Qi Gong	<i>Richard Booth / Nataliya Gasenko</i>	Rousseau Street level	\$90
	1:00 to 1:50	Tai-Chi Beginner	<i>Steve Yee</i>	Council Chambers	\$90
	2:00 to 3:30	Tai-Chi Intermediate	<i>Steve Yee</i>	Council Chambers	\$110
	1:00 - 4:00	Euchre		Evergreen	
TUESDAYS from April 2nd 13 weeks	10:00 - 11:00	CLASS IS FULL - WAITLIST ONLY			
		Essentrics	<i>Nicole Thacker</i>	Rousseau Street level	\$130
	11:15 - 12:15	Essentrics	<i>Nicole Thacker</i>	Council Chambers (2nd)	\$130
	11:30 - 12:30	Zumba Gold	<i>Sheelah Finlayson</i>	Rousseau Street level	\$105
WEDNESDAYS from April 3rd 13 weeks	9:30 - 10:30	Yoga	<i>Karen Weinthal</i>	Village rm Ravine level	\$130
	10:00 - 11:00	Chair Yoga	<i>Joanne Deane</i>	Gemmell rm 2nd level	\$130
	10:00 - 12:00	Multi-Media Art	<i>Bernie Hunt</i>	Evergreen Ravine level	\$130
	10:00 - 11:00	Qi Gong	<i>Richard Booth</i>	Council Chambers	\$105
	11:15 - 12:15	CLASS IS FULL - WAITLIST ONLY			
		Osteofit	<i>Joanne Deane</i>	Rousseau Street level	\$105
	11:30 - 12:30	Fundance	<i>Elaine Thorne</i>	Council Chambers	\$105
	1:00 - 2:00	Zumba Gold	<i>Sheelah Finlayson</i>	Rousseau Street level	\$105
	1:00 - 4:00	Cards and Games		Evergreen	
THURSDAYS from April 4th 13 weeks	10:00 - 12:30	Multi-Media Art	<i>Bernie Hunt</i>	Rousseau Street level	\$130
	10:00 - 11:00	Essentrics	<i>Nicole Thacker</i>	Founders Rm Ravine Level	\$130
	11:30 - 12:30	Yoga/Pilates Fusion	<i>Mira Stojanovic</i>	Council Chambers	\$130
	1:00 - 2:30	Tai-Chi Advanced	<i>Steve Yee</i>	Founders Rm Ravine Level	\$130
FRIDAYS from April 5th	10:00 - 11:00	Yoga/Pilates Fusion	<i>Mira Stojanovic</i>	Council Chambers	\$130